

## ABSTRACT

The present invention relates to a body taste enhancer and a seasoning for food or drink which comprises a peptide having glycine and L-proline as the first and the second amino acids from the N-terminal, respectively, and having a molecular weight of 1000 or less, for example, a peptide consisting of an amino acid sequence represented by Gly-Pro-3Hyp, Gly-Pro-4Hyp, or Gly-Pro-Ala, as an active ingredient, and a method of enhancing body taste of food or drink which is characterized by adding the peptide, body taste enhancer or seasoning.